

GA Pentathlon 2019

October 5, 2019

*** Georgia Swimming's Tech Suit Policy ***

In all Georgia Swimming Sanctioned or Approved competitions, the use of Tech Suits as defined below will NOT be allowed by any 10 & Under athletes (whether competing in age-specific or "Open" events). In addition, the use of Tech Suits will NOT be allowed in any 11 or 12-year-old events, with exception of meets determined as Championship meets in the LSC including Divisionals, State Championships, and Age Group Sectionals.

Georgia Swimming defines "Tech Suit" as any suit with bonded or meshed seams and/or kinetic tape. The LSC will publish a list of restricted suits, which shall be updated on a monthly basis, as a resource for swimmers, parents and coaches; however, a suit does NOT need to be included on the list in order to be considered a restricted suit. As manufacturers often release new suits throughout the season, coaches and parents are responsible for identifying if a suit is restricted based on the previously stated description.

Sanction: Held under the sanction of USA Swimming, issued by Georgia Swimming Inc., Sanction #.

In granting this sanction it is understood and agreed that USA Swimming, Georgia Swimming, and Gwinnett Aquatics, Inc., shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

Facility: Greater Atlanta Christian Freeman Aquatic Center
1575 Indian Trail Lilburn Road
Norcross, GA 30093.

The Freeman pool is a 10 lane, 25 yard pool with Omega timing and scoreboard. The competition course has been certified in accordance with 104.2.2C(4). The certification is on file with USA Swimming and Georgia Swimming. The depth at the start and turn ends is in excess of 5 feet. The meet will be run in eight lanes with two lanes available for continuous warm-up and warm down.

MEET DIRECTOR: Hugh Convery, hugh@gwinnettaquatics.com, 404-863-6747

REFEREE: Larry Norcini

STARTER: Kathy Spruiell

ADMIN: Karin Mack

Stroke/Turn: TBD

SAFETY MARSHALL: Ray Balint

Eligibility: Open to all USA-registered swimmers of Gwinnett Aquatics, Lifetime Georgia, Summer Hill Orcas, and Spartan Aquatic Club. Gwinnett Aquatics will not allow unregistered swimmers, coaches, officials or teams to participate in this meet. No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302. If a swimmer who is not properly registered with USA Swimming competes in a sanctioned competition, the host LSC may impose a fine of up to \$100.00 per event against the individual, member coach or member club submitting the entry.

Rules: The current USA Swimming, Inc., rules will govern the conduct of this meet unless otherwise noted.

The current Georgia Swimming scratch rule (09-12-15) will be in effect (attached).

Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

Any swimmer entered in the meet, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Deck changes are prohibited. (Defined as changing, in whole or in part, into or out of a swimsuit when wearing just one suit in an area other than a permanent or temporary locker room, bathroom, changing room or other space designated for changing purposes)- Swimmers participating in deck changing could be subject to removal from further competition in the meet.

On deck registrations will not be permitted during this event.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coaches' areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and /or spectators are present. Exceptions may be granted with prior written approval by the Program Operations Vice Chair, Program & Events Committee Chair or designee.

Photos and videos may be taken of swimmers during the meet by parents or a professional photographer retained by the host club. All participants agree to be filmed or photographed by photographers designated by the meet host and to allow the meet host the right to use names, pictures, likenesses, and biographical information before, during, or after the period of participation in Georgia Swimming competitions to promote swimming and meets hosted by the meet organizer. If you do not wish to have your child(ren) photographed, you may withdraw your consent by informing the Meet Director before the start of the first day of the meet.

Swimmers will be responsible for swimming in their assigned heat and lane.

Deck Pass is acceptable proof of USA Swimming membership.

Swimmers entered in the meet, unaccompanied by a member coach must report to the Meet Referee or Meet Director, prior to the beginning of swimming activities to arrange for coach supervision of warm up, competition and warm down during the meet.

AWARDS: Special T-shirt for top boy and girl pentathlon scores in 8U, 9, 10, 11, 12, 13, 14, and 15&Over age groups.

SCHEDULE: **Session 1 (11-12 Boys & 10U Boys and Girls)** Warm ups: 8am Start: 9am
Session 2 (11-12 Girls & 130 Boys and Girls) Warm ups:12pm Start: 1pm

Warm-up: The Georgia Swimming approved warm-up guidelines will be followed for this meet. Warm-up lane assignments will be posted at the pool. USA Swimming Certified Coaches must supervise all warm-up activities.

ENTRIES: Swimmers may swim a maximum of five individual events. Deck entries are \$8/event and can be made with the clerk of course up to 30 minutes before the start of the session.

ENTRY DEADLINE: **Meet replies must be received on or before September 20, 2018.**

ENTRY FEES: The entry fee will be \$4/event.

Liability: Gwinnett Aquatics, Inc., Georgia Swimming, Inc., and USA Swimming, Inc., shall be free from any liabilities or claims arising by reason of injury to any person or loss of or damage of any kind to any personal property during the conduct of this meet or during travel to or from this meet.

ORDER OF EVENTS

Session 1: Warm-up 8am Start 9am

<u>GIRLS</u>	<u>EVENTS</u>	<u>BOYS</u>
21	8 & Under 25 Back	22
23	10 & Under 50 Back	24
	11-12 50 Back	26
27	8 & Under 25 Butterfly	28
29	10 & Under 50 Butterfly	30
	11 - 12 50 Butterfly	32
33	8 & Under 25 Freestyle	34
35	10 & Under 50 Freestyle	36
	11 - 12 50 Freestyle	38
39	8 & Under 25 Breast	40
41	10 & Under 50 Breast	42
	11 - 12 50 Breast	44
45	8 & Under 100 IM	46
47	10 & Under 100 IM	48
	11 - 12 100 IM	50

Session 2: Warm-up 12pm Start 1pm

<u>GIRLS</u>	<u>EVENTS</u>	<u>BOYS</u>
1	11-12 50 Back	
3	13 & Over 100 Back	4
5	11 - 12 50 Butterfly	
7	13 & Over 100 Butterfly	8
9	11 - 12 50 Freestyle	
11	13 & Over 100 Freestyle	12
13	11 - 12 50 Breast	
15	13 & Over 100 Breast	16
17	11 - 12 100 IM	
19	13 & Over 100 IM	20

Entry Summary Sheet

2019 GA Fall Pentathlon. October 5, 2019

Team Name _____ Abbr _____

Coach _____

Team Address _____

City _____ State _____ Zip _____

HOME PHONE # _____ OFFICE PHONE # _____

Email _____

No. of Swimmers _____ No. Ind. Events _____

X \$2.00 = _____ + X \$4 = _____
(Out of State Swimmers Only)

Total Due _____

Make Check payable to: Gwinnett Aquatics

Mail to: 1436 Benning Place NE, Atlanta GA 30307

Deadline is Sept 26, 2019

WAIVER, ACKNOWLEDGEMENT AND LIABILITY RELEASE I, the undersigned coach or team representative verify that all of the swimmers and coaches listed on the enclosed entry forms are registered with United States Swimming. I have reviewed RULE 302.4 FALSE REGISTRATION and understand that if a swimmer who is not properly registered with USA Swimming competes in a sanctioned competition, the host LSC may impose a fine of up to \$100.00 per event against the individual, member coach or member club submitting the entry.

I acknowledge that I am familiar with the safety rules of U.S. Swimming and Georgia Swimming regarding warm-up procedures and that I shall be responsible for the compliance of my swimmers and those rules during this meet.

Georgia Swimming, Inc., U.S.A. Swimming and Gwinnett Aquatics, its agents, employees and coaches shall be free from any liability or claim for damages rising by reason of injury to anyone during the conduct of the meet.

Signature/Title*

Date *

GEORGIA SWIMMING INC. SCRATCH RULE The Scratch Rule to be used in all Georgia LSC sanctioned meets where the meet format includes preliminary heats, consolation finals and finals, is the "Scratch Rule" as found under "Administrative Conduct of USA Swimming Championships", subsection "Scratch Procedures", subsections "Scratching from finals" and "Exceptions for failure to compete", of the current "USA Swimming Rules and Regulations". An excerpt is provided below.

Scratching from finals: (1) Any swimmer qualifying for a C, B, or A (bonus and consolation final or) final race in an individual event who fails to compete in said final shall be barred from further competition for the remainder of the meet, except as noted in paragraph E. A declared false start under 101.1.3F or deliberate delay of meet under 101.1.5 is not permitted and will be regarded as a failure to compete. (2) In the event of withdrawal or barring of a swimmer from competition the Referee shall fill the C, B, or A (bonus and consolation final or) final, when possible, with the next qualified swimmer(s). First and second alternates shall be announced along with the final qualifiers. These alternates shall not be penalized if unavailable to compete in the finals. (3) Where C and B (bonus and consolation) finals have not been swum and a barring or withdrawal is known to the Referee, the Referee shall reseed the C, B, or A (bonus final, consolation final and the) final, if necessary, to insert the alternate(s) in the appropriate lane(s), filling all lanes in the final. (4) If the C or B (bonus and consolation) final has already been contested, the (championship) final shall be swum without reseeding for the empty lane(s). Exceptions for failure to compete: No penalty shall apply for failure to withdraw or compete in an individual event if: (1) The Referee is notified in the event of illness or injury and accepts the proof thereof. (2) A swimmer qualifying for a C, B or A (bonus or consolation final or) final race based upon the results of the preliminaries notifies the Referee within thirty (30) minutes after announcement of the qualifiers for that race that they may not intend to compete and further declares their final intentions within thirty (30) minutes following their last individual preliminary event. (3) It is determined by the Referee that failure to compete is caused by circumstances beyond the control of the swimmer."

Unless otherwise stated in the final sanctioned Meet Information: the following Georgia LSC additions listed below apply to all timed final meets as well as all preliminary/finals meets. (1) Swimmers that qualify for any final heats as announced in the meet information will also be subject to these rules. (2) In all deck seeded events (a) , a swimmer who has been checked in either personally or by a team coach, has been seeded and then fails to compete in said event, shall be barred from his or her next individual event, except as noted in "Exceptions for failure to compete" above. This rule only applies to timed-final events where the meet management has placed limits on the number of heats to be contested or the number of individual entries to be accepted for a particular deck-seeded event as specifically stated in the meet announcement. (3) There is no scratch rule governing relays and there is no penalty regarding relay scratches. (4) Qualifiers for all finals heats are those as identified on the originally posted results of the preliminary heats. Any qualifier who has moved up into this group as a result of the posting of corrected preliminary results after original results have been posted shall not be subject to penalty. (5) The meet official designated to receive initial intentions not to compete and final intentions shall be announced at the beginning of each session. It is suggested that this official be the Clerk of Course. (6) On the final day of "LSC Championship" competitions, any swimmer who has checked in for finals and fails to compete will be assessed a \$50 fine. This fine must be paid before the next LSC Championship meet in which the swimmer intends to compete or the swimmer will be barred from competition. (7) A "Positive check-in procedure" shall be used for all deck seeded events. A swimmer's intent to swim a race shall be denoted by the swimmer's or swimmer's coach's initials entered next to the swimmers' names on the official entry sheet posted at the Clerk of Course. Failure to check in shall be considered to indicate that the swimmer will not compete. (8) In cases where changes to the USAS rules cause conflict with the Georgia LSC additions, USAS rules shall take precedence. (a) Interpretation: The change clarifies the intent of the rule. If there are no limits placed on the number of swimmers in the deck seeded event – then there is no penalty for a no-show in that event; given that no swimmer was impacted by the no-show and everyone that wanted to swim got to swim. If a limit is placed on a deck seeded event (e.g. the fastest 30 swimmers), then a no-show could cause the exclusion of the 31st fastest swimmer from competing and would result in a penalty against the no-show swimmer. Revised: September 12, 2015